



SEPTEMBER

REFINE RESTORE RITUAL

SEPTEMBER BEGINS WITH A HUSH. IT ARRIVES LIKE A CLEAN SLATE - COOL, CLEAR, & STEADY. THE NOISE OF SUMMER FADES & IN ITS PLACE COMES STRUCTURE, SPACE, & SUBTLE SHIFTS. THIS IS A MONTH OF RETURNING. TO ROUTINE. TO SELF. TO SOFTNESS. IT DOES NOT ASK YOU TO PERFORM BUT TO PREPARE. TO REORGANIZE WHAT'S SCATTERED & TO RECALIBRATE WITH INTENTION.

WHERE AUGUST OFFERED RESTORATION, SEPTEMBER OFFERS REFINEMENT. IT IS NOT ABOUT DOING MORE - IT'S ABOUT DOING WHAT MATTERS. THE WORLD TILTS BACK TOWARD RHYTHM. ROUTINES THAT FELT OPTIONAL NOW FEEL ESSENTIAL. SKINCARE BECOMES AN ACT OF ALIGNMENT. A WAY TO HOLD SPACE FOR YOUR BODY WHILE YOUR MIND SORTS ITSELF OUT. LET YOUR RITUAL BECOME THE BRIDGE BETWEEN WHERE YOU'VE BEEN & WHERE YOU'RE GOING.

THIS SEASON CALLS FOR BALANCE. FOR SKINCARE THAT IS BOTH SOOTHING & STRATEGIC. GENTLE EXFOLIATION TO CLEAR AWAY BUILDUP. HYDRATION THAT LINGERS. CERAMIDE-RICH CREAMS, SOFTENING MASKS, REPLENISHING OILS, & CALMING RITUALS THAT REMIND YOUR SKIN HOW TO FEEL SAFE AGAIN. YOUR BEAUTY ROUTINE SHOULD FEEL LIKE A RESET, NOT A RACE. LESS FLASH, MORE FOUNDATION. LESS URGENCY, MORE UNDERSTANDING.

UNDER VIRGO'S INFLUENCE, YOU'RE CALLED TO EDIT. TO ASSES WHAT'S WORKING - ON YOUR SHELF, IN YOUR SCHEDULE, WITHIN YOUR SPIRIT & FINE-TUNE TI WITH PRECISION. THERE IS POWER IN PREPARATION. IN CLEAN TOOLS. IN SIMPLE ROUTINES. IN SKINCARE THAT SUPPORTS YOUR NERVOUS SYSTEM AS MUCH AS YOUR COMPLEXION. LATER IN THE MONTH, LIBRA BRINGS IN HARMONY & SOFTNESS. THE ENERGY BECOMES MORE RELATIONAL. CALLING YOU TO CONNECT, NOT ONLY WITH OTHERS, BUT WITH YOURSELF IN DEEPER, MORE BEAUTIFUL WAYS.

LET THIS BE A MONTH OF SACRED STRUCTURE. OF RITUALS THAT QUIET THE MIND AND SUPPORT THE SKIN. A NIGHTLY CLEANSER THAT FEELS LIKE RELEASE. A WEEKLY MASK THAT FEELS LIKE A RESET. A CREAM THAT FEELS LIKE CARE. EACH PRODUCT SHOULD FEEL LIKE A PROMISE YOU'RE KEEPING TO YOURSELF.

SEPTEMBER REMINDS US THAT BEAUTY THRIVES IN RHYTHM. THAT CLARITY IS A KIND OF GLOW. THAT PEACE CAN BE PRACTICED DAILY. LET THIS BE THE MONTH YOU COME HOME TO YOUR ROUTINE - NOT AS A DUTY, BUT AS A DEVOTION. YOU ARE ALLOWED TO PAUSE, REALIGN, & BEGIN AGAIN.





Our September Favorites

SEPTEMBER IS ALL ABOUT REFINEMENT — ORGANIZING YOUR RHYTHM, RETURNING TO INTENTION, & RESTORING WHAT'S BEEN OVERWORKED. THE ENERGY SETTLES NOW. WHERE AUGUST OFFERED SOFTNESS, SEPTEMBER SHARPENS—A QUIET CLARITY THAT CALLS YOU BACK TO DISCIPLINE, FOCUS, AND FOUNDATION. THIS IS THE MONTH TO RESET WITH PURPOSE. YOUR ROUTINES DON'T NEED TO BE NEW—THEY NEED TO BE SUPPORTIVE. SKIN THAT'S BEEN DULLED, IMBALANCED, OR NEGLECTED NOW CRAVES STRUCTURE, NOT STIMULATION. REINTRODUCE GENTLE EXFOLIATION, BARRIER-REPAIRING SERUMS, DEEPLY HYDRATING MOISTURIZERS, AND GROUNDING TREATMENTS THAT BRING THE SKIN BACK INTO BALANCE. THE MOST EFFECTIVE RITUALS NOW ARE THE ONES YOU STICK WITH—STEADY CARE THAT PRIORITIZES REPLENISHMENT OVER REINVENTION. FOCUS ON CLARITY OVER CHAOS. NOURISHMENT OVER NOISE. SIMPLICITY OVER STRESS. THIS IS THE SEASON TO ANCHOR. TO EVALUATE. TO LET YOUR SKIN—& YOUR SELF—RECALIBRATE IN PEACE.

Brynn's Choice



Dieux

Instant Angel Moisturizer

This fragrance-free moisturizer that deeply hydrates while supporting the skin's barrier. Instant Angel blends ceramides, fatty acids, peptides & squalane for lasting nourishment without greasy residue. It leaves the complexion feeling strong, smooth & firm—with a soft, radiant finish that lasts.

Savannah's Choice



Kulfi

Staining Lip Oil

A glossy lip oil that leaves behind a vibrant, long-lasting stain. Glides on smooth with a moisturizing, transfer-proof formula enriched with mango seed oil. It delivers buildable color that wears all day. Reapply for shine or swipe once for a matte stain.

Dani's Choice



Beekman 1802

Hyaluronic Acid & Squalane Facial Toner

A bi-phase toner mist designed for sensitive skin. This alcohol-free formula combines goat milk, mugwort, squalane & hyaluronic acid to deeply hydrate, tone & soothe. Locks in moisture, prevents water loss & supports the skin barrier. Just shake to activate for calm, glowing, balanced skin all day.

Emiliana's Choice



BushBalm

Dark Spot Exfoliating Scrub

A gentle yet effective exfoliating scrub that smooths, hydrates & visibly fades dark spots. Formulated with sugar & a nourishing blend of natural oils, it buffs away dead skin while restoring moisture. Safe for all skin types & intimate areas, it leaves skin soft, even-toned & radiant after every use.

Olivia's Choice



KissMe

Long Up Mascara Super Waterproof

This mascara that delivers dramatic length, lasting curl & all-day wear. Infused with 5mm fibers for super-lengthening, it lifts lashes with Curl-Locking polymers & resists smudging through water, sweat & oil. Enriched with six lash-care ingredients, it nourishes while defining—giving bold, fluttery lashes without compromise.



SPOTLIGHT INGREDIENT

Niacinamide

After months of sun & heat, your skin craves balance — enter niacinamide, the multi-tasking powerhouse your complexion has been waiting for. This vitamin B3 derivative repairs the skin barrier, soothes sensitivity, & restores luminosity. It evens tone, calms redness, & strengthens your defenses — a soft reset for sun-kissed skin. Easing inflammation, boosting hydration, & protecting against damage, niacinamide keeps your glow effortless & supported as we shift into fall.

retail favs - september essentials

Refine, Restore, Ritual - seasonal essentials for your late-summer glow.

September marks a shift from endless sun to softer, slower rhythms, inviting balance back into your routine. This month, we're focusing on repairing summer-stressed skin with barrier-rebuilding serums, gentle exfoliants, & rich, restorative creams that lock in hydration. DBL essentials keep your skin smooth, supple, & deeply supported. Let your ritual feel grounding, intentional, & effortlessly in sync with September's gentle reset.



DeCOURCY Beauty

Sculpting Brow Pencil



Glymed+
Restoring fulvic Elixir



*Buildable

Whether you want soft, natural definition or bold, sculpted arches, this formula layers seamlessly without streaks or heaviness. Apply lightly for subtle shaping or add depth with precision—always smooth, blendable, & flexible to your preferred brow look.

*Dual-Ended

One tool, two essential functions. The retractable pencil creates definition while the spoolie blends effortlessly for a natural finish. Together, they shape, sculpt, & soften your brows with a flawless balance between precision & blended perfection.

*Long-Wearing

Designed to stay put, this pencil delivers all-day wear without smudging or fading. Your brows remain polished & defined from morning to night, holding their shape through workdays, workouts, & everything in between—no constant touch-ups required.

*Restorative

Packed with powerful fulvic acid, this serum supports your skin's natural healing process. It targets signs of aging, reduces irritation, & soothes inflamed skin—helping restore balance, clarity, & a youthful glow while promoting long-term skin health & resilience.

*Antioxidant-Rich

Each card holds a thoughtful quote designed to guide you back to yourself. With a focus on boundaries, clarity, & self-respect, these affirmations are reminders to honor your needs—especially in the quiet moments of your day.

*Clarifying

Ideal for congested, breakout-prone, or irritated skin, fulvic acid works to clear pores & regulate balance without stripping. Antibacterial, antifungal, & antiviral properties help reduce acne & redness, leaving your complexion calm, clear, & beautifully smooth over time.

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Kindred Intense Moisture



*Hydrating

Designed to deeply saturate the skin, this formula delivers up to 72 hours of lasting hydration. Fatty acid-rich lipids replenish moisture reserves while reinforcing the barrier—leaving skin plump, supple, & luminous without heaviness or greasy residue.

*Protective

Formulated to mimic the skin's natural lipid balance, this moisturizer creates a lasting moisture barrier that locks in hydration & shields against environmental stressors. Dermatologist-tested & packaged with a spatula for safe, sanitary use—skincare that protects as beautifully as it perfects.

*Versatile

Perfect for both day & night, this multitasking formula doubles as an overnight mask to amplify collagen & elastin performance. Apply a thin layer daily or a generous layer before bed for deeply replenished, visibly rejuvenated skin.

*Restorative

Crafted for weathered, weary, & wonderfully sensitive skin, this balm revives balance where it's needed most. Shea butter & tamanu oil nourish deeply, while antioxidant-rich botanicals restore softness, calm irritation, & leave skin feeling renewed, comforted, & beautifully resilient.

*Nourishing

Infused with shea butter, calendula, rosehip, & evening primrose, this formula wraps skin in comforting moisture. It softens dry patches, smooths rough texture, & replenishes nutrients—bringing relief to parched cheeks, delicate scarring, & tender complexions craving daily care & repair.

*Decadent

A fast-absorbing blend of Jojoba, Grape Seed, & Tea Tree oils melts into skin without residue. Never greasy or heavy, just soft, clean hydration that leaves your skin supple & smooth—with zero staining, stickiness, or uncomfortable buildup.

Bioelements

Collagen Rehab





beauty in the stars - monthly horoscope



September invites us to ground our glow in balance, patience, & intention. With the sun in Virgo, beauty becomes restorative - rooted in rhythm, refinement, & daily devotion. The New Moon in Virgo opens space for new beginnings through simplicity & healing, reminding us that less can truly be more. Mid-month, Libra season shifts the focus toward harmony, connection, & rituals that honor both self & relationships. Mercury stations direct, helping us clear foggy energy & move forward with clarity in our routines. The Full Moon in Pisces closes the month with dreamy softness, encouraging spiritual renewal & beauty practices that soothe both skin & soul. This month's astrology supports balance, ritual, & a glow that radiates serenity.

Capricorn

Elevate essentials—hydrating serums, silk pillowcases, multi-tasking mists. Build rituals that restore instead of deplete. Create balance by curating what matters: skincare, energy, & environment. Beauty isn't busyness; it's alignment. Let go of overcomplication, invest in intention, & embrace consistency. Slow mornings, quiet nights, intentional movement—your glow thrives in steadiness. You're radiant when grounded, graceful, & at ease.

Leo

Choose golden tones, glossy lips, & radiance that whispers instead of roars. Focus on rituals that restore, not perform: candles at dusk, cleansing balms, reflective journaling. You shine when you move intentionally. Let beauty feel effortless—light textures, breathable fabrics, warm scents. True magnetism isn't loud; it's felt. Let September teach you the power of presence.

Taurus

Surround yourself with textures that soothe—linen robes, creamy cleansers, rich oils. Choose slower mornings, mindful rituals, & skincare that feels like ceremony. Let beauty nourish rather than perform. Invest in what feels grounding: warm tea, calming scents, silken pillowcases. Your glow emerges when you allow stillness to guide you. Indulgence isn't excess—it's devotion. Breathe, soften, savor your rhythm.

Libra

September asks you to romanticize simplicity. Choose airy fabrics, soft tints, glowing bases, & skincare that melts into ritual. Make evenings sacred: candles flickering, oils warming, playlists humming softly. You thrive when your surroundings feel beautiful, balanced, & intentional. Create space for slowness. Sip tea, savor light, breathe deeper. Your radiance expands when you move gently. Let your beauty mirror serenity.

Aquarius

Change calls you gently. September invites soft reinvention—playful nails, cooling tools, or scents that shift your mood. Curate rituals that feel creative yet calming: minimal makeup, grounding playlists, intentional breathing. Clear out what feels heavy. Your glow lives in curiosity, in trying new textures & nurturing untapped spaces. You're rewriting your beauty narrative now—effortless, airy, fluid. Let softness lead your evolution.

Pisces

September drifts in like watercolor, soft & grounding. Choose hydrating rituals, pastel palettes, & skincare that feels spiritual. Light incense, journal near open windows, soak in sea-salt baths. Release pressure, embrace fluidity, & let intuition guide your glow. Beauty is a devotion, not a demand. Create moments that move slowly & breathe deeply. Your radiance rises gently, like moonlight on still water.

Gemini

This month invites clarity through calm. Declutter your vanity, your thoughts, your energy. Swap multitasking for mindful rituals: minimalist makeup, hydrating mists, playlists that soothe. Explore subtle changes that refresh you, layering fragrances, testing a gloss, journaling softly. Beauty doesn't need noise; it thrives in space. Your presence is magnetic when your spirit feels light. Soften, & let yourself shine effortlessly.

Scorpio

September calls you inward, Scorpio. Retreat softly into rituals that restore you: velvety serums, satin robes, long stretches beneath quiet skies. Protect your energy & shed what no longer serves. Beauty thrives in depth, not display—smoky tones, grounding scents, intentional self-care. You're glowing in ways unseen but deeply felt. Transformation begins privately. Nourish your shadows & emerge magnetic, effortless, whole.

Cancer

September nourishes your inner sanctuary. Care for yourself like ritual: oil massages, warm baths, silken sheets. Protect your softness with lightweight layers, glowing tints, & calming skincare. Beauty blooms when you feel safe within. Prioritize rest, reflection, & replenishment. This isn't retreat; it's renewal. Tend to your tides, honor your intuition, & let your radiance rise naturally—glowing gently from the inside out.

Aries

September slows your rhythm without dimming your spark. Let rituals ground you: cooling mists, slow mornings, sunlit walks. Trade urgency for intention & choose beauty that supports balance. Skin deserves rest, thoughts deserve softness, & your fire thrives when nurtured gently. Trust that stillness creates strength. You're glowing differently now, steadier, deeply rooted in your own rhythm.

Virgo

It's your season & your energy is magnetic. Reset rituals, refresh routines, & refine your space with clear intention. Choose glowy neutrals, dewy skin, & grounding scents that soothe the senses. Prioritize hydration, consistency, & the small details that make you feel polished & aligned. Beauty flourishes in order—but only when softened with care & compassion. Let September guide you into balance, where precision, grace, & quiet confidence meet seamlessly.

Sagittarius

Adventure slows into reflection this month. Trade endless motion for grounding rituals: herbal teas, scalp oils, & sunset walks. Let skin breathe, hair rest, & energy recalibrate. Beauty feels freer when it isn't forced. Choose earthy tones, minimal makeup, & textures that connect you to the season. Clarity arrives when you pause. September invites stillness to amplify your inner glow. Trust that in your slowing down, you're preparing for even greater expansion.



FALL SKIN PREP

Why barrier repair & hydration are key this season:

Your skin's barrier is its shield—it keeps moisture in & irritants out. When that shield is compromised, dryness, redness, & sensitivity become more likely, especially as temperatures drop & indoor heating rises. Hydration replenishes what the summer sun & heat depleted, while barrier support ensures your complexion stays resilient through the seasonal shift. Think of it as wrapping your skin in a protective, nourishing layer—keeping it calm, supple, & glowing all autumn long.

Seasonal skincare rituals to book now:

- ★ Barrier Therapy Facial – Rich in ceramides, calming hydration, & barrier-repair magic—perfect for skin that's weathered summer.
- ★ Enzyme Facial – A fall favorite that resurfaces & brightens while infusing antioxidants for a seasonal glow.

Your complexion has transitioned through summer's highs—now it's time to fortify. Fall brings crisp air, cozy routines, & drier days that call for deeper nourishment. This month is all about layering hydration, strengthening your barrier, & creating resilience before winter's edge arrives. Think creamy cleansers instead of gels, moisturizers with more body, & treatments that soothe while replenishing. Your skin thrives when it's supported through seasonal shifts—this is your invitation to prep, protect, & polish. At DBL, we're leaning into skin rituals that bring comfort, glow, & grounded care.



The End

A SEASON OF STILLNESS

As we shift into September, there's an invitation to embrace stillness & create space for what's truly meaningful. This is a month to turn inward, refine your routines, & nurture both your outer beauty & inner peace. Let your rituals become your refuge, a reminder that slowing down can be just as powerful as moving forward. In this in-between season, allow yourself to release what feels heavy & welcome the quiet magic of becoming.

Affirmation: *I am present, grounded, & attuned to what matters most. I give myself permission to slow down & savor where I am.*

Journaling Prompt: *What part of my life feels ready for deeper care? How can I realign my energy to better serve my mind, body, & skin?*

A RITUAL FOR SEPTEMBER

The Grounding Ritual

Begin your mornings by anchoring yourself in stillness. Place your bare feet on the floor, close your eyes, & inhale deeply. As you exhale, imagine releasing lingering summer energy, making space for clarity. Gently cleanse your skin with warm water, letting the steam remind you of renewal. Finish with a nourishing moisturizer or oil, sealing in softness. Beauty begins when we're grounded.



MUSIC CHOICE

4ever - clairo
stolen dance - milky chance
sweater weather - the neighbourhood
bittersweet - naomi sharon
dreams - fleetwood mac

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